

YourEP - Erasmus+ Strategic Partnership for Youth

# "Sésame, Ouvre-toi!" Recommendations – Unleashing the full potential of political simulations

Dear fellow Political Simulations Organisers,

In political education, "learning by doing" scores among the most efficient methods. In that regard, political simulations are our greatest tool! However involving a more diverse audience - especially young people now underrepresented because of various obstacles - could achieve even more!

To help unleash the full potential of political simulations, YES Forum led the <u>YourEP Project</u><sup>1</sup>. With the help of diverse young participants themselves, we explored ways of making a simulation of the European Parliament as **Inclusive** - regardless of participants' backgrounds and difficulties - and **Accessible** - regardless of participants' prior knowledge of or interest in politics and the European Union – as possible.

A thorough presentation of our results can be found <u>here</u><sup>2</sup>. Based on these results, we summed up the following **key recommendations** specifically for you: we hope they can provide inspiration, and help you reaching an even bigger, more diverse audience!

# "You're not alone!" - Diversify your audience through new collaborations

To diversify your audience, no need to struggle on your own!

Contact local NGOs with expertise in social work to help you reaching out to new target groups through their own channels. They could even contribute to your simulations, providing their skills in social inclusion. They'd also benefit from such collaboration, by getting a new learning opportunity for their target group!

If you need inspiration, have a look at YES Forum's own member organisations across Europe.

# Participatory Design - Give a say to participants

To make your simulation attractive and motivating to a broader audience, and adapted to your participants' interests and needs, the easiest way is to ask them directly!

For instance, you can simply gather their ideas on the simulation's future topic(s) online, and later on let them vote to proceed to the final selection. No need to make it complicated: Facebook offers polling features, as well as other free online tools such as <u>Doodle</u>, <u>EasyPolls</u> or <u>VoxVote</u>.

# Ongoing Support – Cater for everybody's needs

Participants who are not used to such events or have personal difficulties can feel intimidated by a political simulation. Often, they will refrain from even applying, or fully engage in the simulation. To alleviate this obstacle, make sure participants can get support at any time.

Volunteers participating in your simulation should be **sensitive to participants' potential needs** and difficulties. Collaborating with a social NGO can also be valuable: **social workers** can be involved to help with their own expertise. You can also think of a **mentoring scheme**: participants with prior experience can help "newcomers".

<sup>&</sup>lt;sup>1</sup> www.yes-forum.eu/projects/detail/yourep

<sup>&</sup>lt;sup>2</sup> goo.gl/X5gMy5



## **Back to Basics! Include accessible learning solutions**

Participants who don't have prior political knowledge will often see that as an obstacle and not join.

To remove this barrier, a first learning phase should be offered. For a simulation with a school, **teachers** can of course take care of it. If you collaborate with a local NGO, **youth & social workers** can take the lead to learn with their participants. Your own volunteers can also offer a **training before your simulation**.

Online learning is an easy, complementary option. Share a toolkit with applicants and later on participants. It can cover the basics (e.g. a political lexicon), and include links to accessible online material: to learn about the EU for instance, <u>EuroparlTV</u> offers many short, educational and subtitled videos.

# Learning the fun way!

Roleplaying is fun: roleplaying politics, however, can look so formal it can discourage some potential participants.

Solution: make the fun part as obvious as possible! For example <u>YourEP</u> debated two topics: one was realistic, and the other one <u>unrealistic</u> ... and <u>quite fun!</u> ("Regulation on the Protection of European Fantastic Creatures").

Such a fun topic made the simulation more attractive and enjoyable for participants who were not interested in politics at first, required no prior expertise and therefore focused the learning experience on the political process, and addressed real-life issues nonetheless through a fun shortcut.

# **Chill Out! Keep it simple**

Many potential participants would rather avoid reproducing formal social norms often prevailing in politics.

To avoid **creating such "symbolic" obstacles**, a dress code or typical ceremonial greetings (e.g. "Honourable Members, dear friends and colleagues") should not be mandatory. After all, **focusing on the legislative process** itself is more important than not-so-indispensable aspects!

# Flexibility is the Key! Plan alternative ways of participating

To cater for all participants' different needs and difficulties, keep your simulation's process flexible.

Keep a margin in your timeframe to take time to accommodate the specific needs of participants. Though a key part of any debate, group discussions can also be overwhelming for some participants: alternative ways of engaging in discussions (e.g. a spokesperson, time for one-on-one conversations) can give everybody a chance.

# A Free Opportunity – Remove the financial obstacle

Making ends meet on a daily basis always come first: Travel and accommodation costs or participation fees exclude participants with financial difficulties. However organising an event is not free of course.

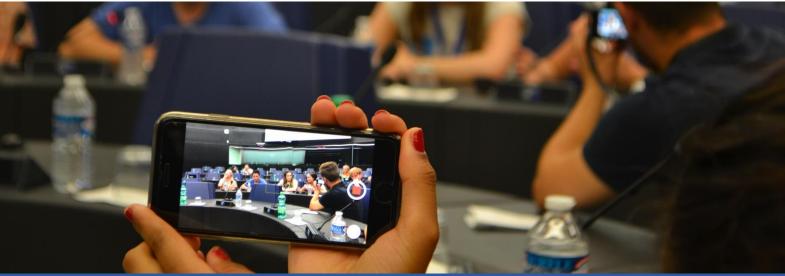
To cover organisational and participants' costs, **ask for public funding**: political education (especially if inclusive!) is a priority for many local, regional and national governments. EU programmes can help, like **Erasmus+**, **Europe for** <u>Citizens</u> or the <u>European Solidarity Corps</u> and its "Solidarity projects" for groups of young people without a registered organisation. The <u>European Youth Foundation</u> and other public/private foundations are also an option.

# **Be Pragmatic**

Finally, remember there is no need to change everything in your simulation. Assess which groups face the most obstacles to get on board, and tweak a few features to experiment targeted solutions.

An even more flexible solution: don't start from scratch with your regular activities, and instead **organise a smaller simulation to experiment some tips for inclusion**. The ones which prove most effective can then be more easily implemented in your next simulation!





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From early 2017 to late 2018, 24 young people facing various obstacles from 7 different EU countries designed their own political simulation of the European Union, in order to experiment an Inclusive & Accessible method. They were accompanied by experienced youth workers from the partners. The whole process was supported by the European expertise of JEF Europe.

A thorough presentation of the project, how it led to and implemented the above-mentioned recommendations, can be found in its first output "<u>The YourEP Experiment – Key Lessons for Inclusive & Accessible Political simulations</u>". For more information, please visit the <u>project's website</u> (www.yes-forum.eu/projects/detail/yourep) or contact us.

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